



Wavell

Community Junior School

Est. 1964

Headteacher: Mr. P. Hunter.

Dear Parent/Carer

13.04.16

As part of the new Science programme of study, your child will soon receive lessons on relationships, sexual health and puberty.

The purpose of Sex and Relationship Education (SRE) is to provide knowledge and understanding of how the human body changes during puberty and the processes of human reproduction, within the context of relationships based on love and respect. It should develop understanding and attitudes which will help pupils to form relationships in a responsible and healthy manner and to appreciate the value of stable family life, including the responsibilities of parenthood and marriage.

If young people can start their transition into adulthood with good information and the confidence and knowledge to understand what is happening to them, they will hopefully grow into confident and healthy adults able to make positive choices. This can start with learning the basics about growing up and the sessions in school may reinforce what you are already doing at home.

The key aims of SRE are to:

- 1 Provide accurate and relevant information about the physical and emotional changes that children and young people will experience through their formative years and into adulthood.
- 2 Establish an awareness of the importance of stable family life and relationships, including the responsibilities of parenthood and marriage.
- 3 Foster self-awareness and self-esteem.
- 4 Develop a sense of responsibility and respect for themselves and others.

All teaching materials are appropriate to the age and emotional maturity of the pupils concerned and the teachers will aim to present the programme in an objective, balanced and sensitive manner.



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The programme will cover:

1. What happens during puberty
2. How boys' bodies grow and develop during puberty
3. How girls' bodies grow and develop, including menstruation
4. How babies are made
5. Enjoying growing up

You are welcome to contact your child's class teacher to discuss the programme or to view any of the teaching materials used.

Parents can withdraw their children from all or part of sex education that does not form part of the statutory National Curriculum. If you wish to withdraw your child from all or part of the schools sex education programme would you please write to your child's class teacher before the programme starts. Class teachers will begin the programme during the week beginning 16th May 2016.

For further information, please visit https://www.healthpromotion.ie/health/inner/busy_bodies or contact your child's class teacher.

I should be grateful if you would sign the reply slip below to acknowledge receipt of this letter and return the slip to school as soon as possible.

Yours sincerely



Mr Hunter
Head Teacher

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I acknowledge receipt of a letter advising me that lessons on relationships, sexual health and puberty will begin the week beginning 16th May 2016.

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Name of child

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Signature of parent