



# AUTUMN TERM MENU CHOICES

	<b>WEEK 1</b> w/c 6 <sup>th</sup> & 27 <sup>th</sup> Sept, 18 <sup>th</sup> Oct, 15 <sup>th</sup> Nov, 1 <sup>st</sup> Dec	<b>WEEK 2</b> w/c 13 <sup>th</sup> Sept, 2 <sup>nd</sup> Oct, 1 <sup>st</sup> & 22 <sup>nd</sup> Nov, 13 <sup>th</sup> Dec	<b>WEEK 3</b> w/c 20 <sup>th</sup> Sept, 11 <sup>th</sup> Oct, 8 <sup>th</sup> & 29 <sup>th</sup> Nov
<b>M O N D A Y</b>	Beef burger in a Bun v Vegetable Sausage in a Bun Chipped Potatoes Peas & Carrots Sliced Wholemeal Bread or ***** Baked Bean or Tuna Jacket Potato ***** Sticky Date & Apple Bars with Custard Fresh Fruit or Fruit Yoghurt	Connie's Chicken Quesadilla with Rice Sweetcorn & Green Beans Sliced Wholemeal Bread Or ***** Tuna or Baked Bean Jacket Potato ***** Sultana & Oat Cookie Fresh Fruit or Fruit Yoghurt	Minced Beef & Dumpling Mixed Vegetables Poppy Seed Bread Or ***** Cheese Panini ***** Chocolate Crispy Fresh Fruit or Yoghurt
<b>T U E S D A Y</b>	v Quorn Rainbow Cottage Pie Green Beans & Sweetcorn Crusty Bread or **** Cheese Panini **** Cheese & Crackers, Fresh Fruit or Fruit Yoghurt	Pasta Bolognese Mixed Greens & Carrots Garlic Bread or **** Cheese Panini **** Cheese & Crackers, Fresh Fruit or Fruit Yoghurt	v Quorn Dippers & Potato Wedges with Tomato Ketchup v Cheese & Tomato Pasta Peas & Sweetcorn Herby Bread or **** Baked Bean or Tuna Jacket Potato ***** Cheese & Crackers, Fresh Fruit or Yoghurt
<b>W E D N E S D A Y</b>	Roast Chicken with Sage & Onion Stuffing & Gravy Roast Potatoes Medley of Vegetables 50/50 Bread or ***** Chicken Sandwich ***** Fruit Muffin Fresh Fruit or Yoghurt	Sausage Toad in the Hole with Onion Gravy Creamy Mashed Potatoes Broccoli & Swede Herbie Bread or ***** Veggie Chilli or Tuna Jacket Potato ***** Fruit Mousse Fresh Fruit or Yoghurt	Roast Pork Loin with Apple Sauce & Gravy Creamy Mashed Potatoes Broccoli & Carrots 50/50 Bread or ***** Chicken & Tomato Panini **** Forest Fruit Roly Poly & Custard Fresh Fruit or Yoghurt
<b>T H U R S D A Y</b>	Roast Vegetable Pasta Pot Carrots & Broccoli or ***** Chicken & Tomato Panini **** Fresh Fruit or Fruit Yoghurt	v Cheese & Tomato Pizza Crunchy Veg Sticks or ***** Baked Bean or Tuna Jacket Potato or ***** Tuna Melt Panini **** Apple & Berry Crumble & Custard Fresh Fruit or Fruit Yoghurt	Chicken Korma & Rice Green Beans & Cauliflower Naan Bread or ***** Baked Bean Jacket Potato or **** Chicken Mayo Sandwich ***** Fresh Fruit or Fruit Yoghurt

<b>F R I D A Y</b>	Fish & Sweet Potato Cake or ***** Cheese Sandwich ***** Chocolate Banana Sponge & Chocolate Sauce Fresh Fruit or Fruit Yoghurt	Fish Fingers v Cheesy Pastry Tomato Ketchup Chipped Potatoes Carrots & Peas Pumpkin Seed Bread or ***** Cheese or Baked Bean Jacket Potato ***** Fruit Shortcake Fresh Fruit or Fruit Yoghurt	Harry Ramsdens Battered Fish Chipped Potatoes Peas & Sweetcorn Sunflower Seed Bread or ***** Ham Sandwich ***** Iced Swiss Bun Fresh Fruit or Yoghurt
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